

ADVENTURE CENTRAL

AT WESLEYAN METROPARK

TRAIL GUIDE

November/December 2006



NEWSFLASH! NEWSFLASH! NEWSFLASH!

Make sure kids dress for the weather! We still plan to be outside daily!

Make a Difference Day

On Saturday October 28, youth from Adventure Central provided service to Mary Scott Nursing Home as part of Make A Difference Day. AC youth and adults helped residents play games, prepared residents for the evening meal, and provided a much needed and valued social interaction with the residents.

The Adventure Central Youth Board received a \$250 grant from the Richard B. and Nancy E. Stahl Family 4-H Endowment Fund through the Ohio 4-H Foundation to purchase items to support a resident store at the nursing home. The youth have plans to continue providing service over the next few months.

Mr. C is Leaving

Graham Cochran (A.K.A Mr. C), Center Director, has accepted a new position with OSU Extension as Leader, New Personnel Development. Graham's last day at Adventure Central will be November 30th. Nate Arnett, Program Director, will be assuming interim duties as the Adventure Central Director.

Much of the success we have had at Adventure Central can be attributed to Graham's leadership and he will be missed. Please join us in wishing Graham well in his new position.

UD Volunteers

This Fall Adventure Central has been expanding our relationship with the University of Dayton specifically in the area of service learning and volunteerism. We have had over 50 UD students providing service at AC the past few months and we expect more in the future. We welcome the SCI 230 Honors General Biology Course, Collegiate 4-H Club, and the Beta Beta Beta - National Biological Honor Society to the Adventure Central family.

JOURNAL NOTES

From the Outgoing Director

Dear Friends,

It is with mixed feelings that I write to let you know that I am leaving my post as Adventure Central Director. I moved to Dayton over six years ago because of the exciting opportunity to be a part of a brand new project called Adventure Central. In the last six years, I have been involved in opening the facility, getting the program off the ground, and watching it grow and improve every year.

The decision to leave Adventure Central was difficult but this is an exciting opportunity to contribute to Ohio State University at a statewide level and work with employees across the state. I will be moving to Columbus where I will work on Ohio State University Extension's Human Resources team.

Five Rivers MetroParks and OSU Extension are two outstanding agencies making a difference here in West Dayton. We are fortunate to have them, all the other resources in this community, and good people like you. Thank you for the opportunity to be involved with your children and family and best wishes for continued success.

Sincerely,

Graham Cochran (Mr. C)
Center Director



THE OHIO STATE UNIVERSITY EXTENSION 4-H YOUTH DEVELOPMENT & FIVE RIVERS METROPARKS

"Partners in Positive Youth Development"

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CALENDAR OF EVENTS

After-School Program

Monday-Thursday Nights

2:00 p.m.-6:30 p.m.

Meal 4:30-5:00 Program 5:00-6:30

Pick up before 5:00 or between 6:15-6:30

Ages 5-18

AC Activity Nights

Activity Night : 6:30pm— 8pm

Every Tuesday and Thursday

Ages: 5-18

No Program

Nov. 16 No Activity Night
(Family Game Night)

Nov. 22-24 (Thanksgiving)

Dec. 20-Jan. 2 (Winter Break)

Normal Programming will resume the week of
January 3

Family Events

Family Game Night

Thursday, Nov. 16, 2006 @ 6:45pm—8:00pm

After-School Recognition Night

Tuesday, Dec. 19, 2006 @ 5:30pm-6:30pm

Family Resource Center

Don't forget to check out the Family Resource Center located in the front lobby. Our team has worked hard to put you in touch with valuable resources and services throughout the city. We welcome your suggestions

Weather Closing Information

During the winter months, Please remember to watch **Channel 7** to see if Adventure Central is closed.

Family Game Night

Bring your family's favorite board or card games to share with others on Thursday, November 16 from 6:45-8:00. Adventure Central will be providing games as well. Light refreshments will be served. Youth must be accompanied by an adult family member for this program. Door prizes will be given.

Winter Bus Safety Tips

- Snowball fights and snowmen may be fun, but winter activities can also be dangerous.
- Horseplay on the way to and from the bus stop can cause children to fall into the street.
- Have children wear bright colors so the bus driver can see them more easily.
- They should leave earlier than usual to allow time for navigating slick roads and sidewalks.
- Once they reach the bus stop, children should stand away from the road, because the bus may need more room to stop in ice or snow.

Holiday Safety Tips

During this festive season of the year our thoughts turn to giving and receiving gifts, visiting friends, relatives, and delightful culinary experiences. However, there are others who think about unoccupied, appliance filled houses, distracted shoppers with extra cash in a purse or wallet, or they're planning their next "charity scam." Don't give a thief a chance this year. Please exercise extra caution during this special season. Trust your instincts; if something does not look or feel right, it probably isn't. Remember, being safe doesn't take a holiday.

When shopping: park in a well lighted space, have your car keys ready to unlock your car, keep shopping bags out of plain sight.

Out for the evening: Use a light timer for all household lights so that it looks as if someone is home.

At Home: Keep holiday decorations and plants away from young children and pets. Some are poisonous, When partaking of holiday cheer, good judgment should always be exercised and beware of strangers coming to the door asking for charitable donations. Ask for identification, if donations are tax deductible, how will the funds be used. If you are not satisfied, don't give; help a charitable group that you do know.